## Alternative Breakfast Model vs Styles



## What is an Alternative Breakfast Model?

A Start Smart Utah Alternative Breakfast Model is any breakfast service that happens after the start of the school day.

## What is an Alternative Breakfast Style?

A breakfast style is how you choose to serve breakfast during the day.

<b>Traditional</b>	This is the most common service style where students come through the cafeteria and eat their meals either before school starts or after the start of the day.
1+1= Breakfast in the Classroom	Students pick up their food from the cafeteria and take it to the classroom or nutrition staff drop off meals to the classroom for students.
Grab and Go	Students pick up meals at kiosks or carts that are located in highly trafficked areas. This usually takes place in hallways before school, during breaks/recess, or between class periods.
Second Chance	Schools can offer traditional breakfast before the start of school as well as a service of breakfast after the start of the school day for students who missed breakfast before school or weren't hungry

and recess.

at that time. This can take place during breaks